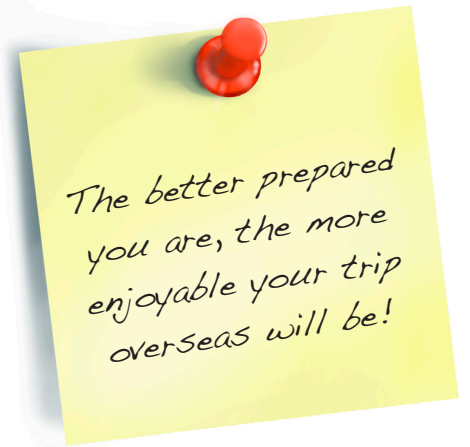




# Travel checklist



- Register** your travel and contact details at [smartraveller.gov.au](http://smartraveller.gov.au) so we can contact you in an emergency
- Check the latest travel advice and **subscribe** to receive free email notifications each time the advice for your destination is updated
- Organise comprehensive **travel insurance** and ensure it covers you for the destinations you plan to visit and the activities you plan to do

## Before you go

- Passport** – Check that your passport has at least six months' validity from your planned date of return to Australia. For more information on passports, visit [passports.gov.au](http://passports.gov.au).
- Dual nationals** – Check if you are considered a national of any of the countries you intend to visit and if so, find out if holding dual nationality has any implications for your travel. You should contact the **embassy, high commission or consulate** of the country or countries you plan to visit to obtain this information.
- Visas** – Find out early what the visa requirements are for your destinations by contacting the nearest embassy, high commission or consulate of the countries you plan to visit.
- Personal and travel documents** – Leave a copy of your passport, itinerary and tickets, visas and insurance policy with your family or a friend and take a copy with you.
- Travel health** – See a doctor at least 6-8 weeks before you leave to discuss travel health issues and to allow time for any recommended vaccinations. You can get more information on travelling well at [smartraveller.gov.au](http://smartraveller.gov.au)
- Medication** – Check that any medications you plan to take with you are legal at your destinations by contacting the nearest embassy, high commission or consulate of the countries you plan to visit. You could consider carrying a letter from your doctor detailing what your medicine is, and that it is for personal use.
- Travel money** – Organise a variety of ways of accessing money overseas, such as debit and credit cards, travellers' cheques and cash in easily convertible currencies.

## While you're away

- Keeping in touch** – Arrange options for staying in touch with family and friends while overseas, and give them an indication of how often they will hear from you.
- The law** – Always obey the laws of the country or countries you are visiting, even if they are different from those in Australia. Some Australian criminal laws may apply to Australians overseas.
- Drugs** – Don't use, carry or get involved with drugs overseas. Consular assistance cannot override local law, and in some countries the death penalty or life imprisonment is imposed for drug offences.
- Local customs** – Respect local cultures and customs, dress appropriately and always ask permission before taking photos of people.

## Coming home

- Customs and quarantine** – Be aware of current quarantine import restrictions to avoid bringing back items of biosecurity concern. Declare certain foods, plant or animal products on your Incoming Passenger Card. For more information, visit [customs.gov.au](http://customs.gov.au) and [daff.gov.au/biosecurity](http://daff.gov.au/biosecurity)

## Getting help overseas

For urgent consular assistance, contact DFAT's Consular Emergency Centre on 1300 555 135 (from within Australia) and +61 2 6261 3305 (from overseas).

To contact the nearest Australian mission overseas, see the complete directory of Australian embassies, high commissions and missions at [smartraveller.gov.au](http://smartraveller.gov.au).